

SENIOR *Center* ^{*Celebrating*} **25** _{**YEARS**} OF SIDNEY-SHELBY COUNTY

Open Weekdays: 8:00 a.m. – 7:00 p.m. Saturday 8-12
Phone: (937) 492-5266

304 S. West Avenue
Sidney, OH 45365

NEWSLETTER

May & June 2022

Vol. 25, No. 3

Senior Citizens Day



Wednesday, May 18, 2022

The Annual Shelby County Senior Citizens Day event returns!!!

We will once again celebrate an Outstanding Senior Citizen and Organization. Advance registration is required with limited space available. Please call or stop by the Center to purchase your ticket by Friday April 29th. Cost is \$7.00

Doors open at 10:30am
Welcome & Lunch Served 11:00 a.m.
Entertainment & Awards Ceremony

FROM YOUR EXECUTIVE DIRECTOR:

There is so much happening at the Center it can sometime make my head spin! The next two months are full of special events, the return of a long-time favorite event and some new ideas too! Please look for the new activity survey in this edition and give us your feedback.

This year as we celebrate 25 years, look for more special events. I encourage everyone to invite friends, neighbors and family (over 50) to come to these programs that will be open to the public. Help us educate the community and get some more new members! The Senior Center shouldn't be "the best kept secret", it should be "a household name".

Board member elections balloting closes at the May Carry In on Tuesday May 10th. Ballots are included in this edition with all that are mailed out. If you receive your newsletter via email, a separate document has been attached and if you pick up your newsletter, you can get your ballot at the front desk.

I look forward to the rest of the year, I know it is going to be AMAZING!!!

Until I see you at the Center, Have a Blessed Day!

Rachel Hale, Executive Director



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FROM YOUR BOARD PRESIDENT:

As I write this article, Spring has arrived, well sort of, you know Ohio weather! It is great seeing so many new members joining the Senior Center and enjoying all of the activities. I hope that if you have not renewed your membership please do so, we are growing strong every day with new interests and activities had by all.

If you look at the monthly calendar there are so many activities going on, it is sometimes difficult to choose, but that's what makes it so nice to have these choices and new opportunities to be with new and current friends!!

And don't forget this is the Seniors 25th Anniversary celebration and we look forward to seeing you at some of the events that are planned throughout the year!!

"No act of kindness, no matter how small, is very wasted." Aesop

"Pay it forward" Lets keep this theme happening even if it's just a smile!!

Shelia Nuss, President

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HEADLINE NEWS!! CHECK IT OUT!!

MILESTONE RAFFLE:

The winner for February was: Michael Nolte

The winner for March was: Mike Sharp

Tickets for the 2021-2022 year are still available at the front desk. Don't miss an opportunity to win \$100 for only a \$10 investment. All proceeds go toward operating expenses for the Center.

MONTHLY BILLIARD TOURNAMENT:

February's winner was Bruce Bradley with runner up Ron Voisard

March's winner was Bill Hoenig with runner up Larry Cortney

The tournament is the **last Friday of each month at 10:00am**. Come down and join in on the fun and a chance to win the bragging rights for the month! **** Note the time change to 10am.**

CARRY IN MEETING WINNERS!

Attendance prize winner for February was Nancy Lilliard and March's winner was Joyce Cartwright. Each of these lucky winners received a \$20 Chamber of Commerce Gift Certificate to be used at a variety of stores in Sidney/Shelby County.

BOARD OF TRUSTEES ELECTION:

Please complete your ballot and make your voice heard. Ballots are available at the front desk, or inside your newsletter if you receive it via USPS. Turn your ballot into the front desk before 11am on May 10th. Ballots will be counted May 10th at the Carry In with results being announced.

***** NEW ACTIVITY SURVEY *****

We are considering adding another activity to our calendar! Please answer the following questions and return the bottom half of this page to the Center's front reception desk.

1.) Would you be interested in a crafting activity on Wednesdays at 2pm twice a month?

Circle one: YES NO

2.) Would you be willing to pay between \$5 - \$10 (depending on supplies cost) to participate in this crafting activity?

Circle one: YES NO



BE IN THE "KNOW" WITH WHAT'S HAPPENING

MEMBERSHIP:

2022 dues have not changed. They are \$30 for Shelby County residents and \$35 for out of county. You can stop at the front reception desk or mail in your payment and we will be happy to mail your card back to you. Our goal this year is to reach 1000 members! We have hit that number in the past and we know we can do it again! Share with your friends, family and neighbors how great it is here at the Center!

CERTIFIED PERSONAL TRAINER:

We ask that before you use our exercise room and equipment for the first time you meet with a personal trainer. Laura's hours are: Monday and Tuesday mornings 8:15 – 9:15 am

ON FACEBOOK:

Find us, "like" us, and "follow" us on Facebook, Senior Center of Sidney/Shelby County. Encourage your friends and family to "like" us too. It will go a long way in getting our information out to the public. You will also get up to date information on whenever we are delayed or closed. If you need information, have a question or just want to say hello our email address is:

srcenter@nktelco.net. (Executive Director: Rachel Hale)

WEBSITE is www.srcentersidney-shelby.com

GOLDEN BUCKEYE:

By now all 60+ year olds and disabled folks should have received your Golden Buckeye Card. But if not, Liz at the senior center would love to help you. If you are 60+ we need proof of age (driver's license will work just fine) and if you are disabled, we will also need proof of your disability.


RENTAL OF OUR BUILDING: Are you or someone you know interested in renting the building? Please call Rachel Hale (Executive Director) at (937) 492-5266.

BLOOD DRIVE:

The next one will be Wednesday June 8, 2022. If you need help scheduling an appointment call Rachel and she can handle it for you.

GRIEF SUPPORT GROUP:

Wilson Health Hospice Chaplain, Angela Barfield, will be facilitating a Grief Support Group here at the Center on the 4th Wednesday of each month. The group will meet in the Our Place Lounge on the 1st floor at 11am. There is no need to sign up, just come and let Angela help you work through your grieving process.



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25TH ANNIVERSARY EVENTS AND FUN FACTS

This section of the Newsletter will contain information about upcoming events as well as some fun facts about how the Senior Center was formed.

FUN FACTS

DID YOU KNOW?

Formal planning for the Senior Center started in June of 1995 and after 2 years of hard work and dedication by many people, we opened our doors on September 2, 1997!

The first Board of Trustees were elected on the First Annual meeting on May 16, 1997. They were as follows: President, James P. Humphrey; 1st Vice President, LuAnn Presser; 2nd vice President, Bill Gauntt; Secretary, Farrel Kaplan; Treasurer, Dale Locker (till November) Dick Roth appointed in January 1998 to finish the term; Trustee, Gene Dragonette; At-Large, Harry Faulkner, Kirsten Means (till July) Connie Watercutter appointed December 1997; and alternates: Janet Fischbach, George Groff, Dick Roth. City representative was Mike Morton; County Commissioner was John Laws.

The first Executive Director, Cheryl Liams was hired on August 18, 1997.

SPECIAL EVENTS

FRIDAY FUN NIGHT MAY -KARAOKE

Join us on Friday, May 20, 2022 at 7pm for a night of fun! This is FREE and open to the public, so please invite your family, friends and neighbors that are 50 or better.

CAR SHOW!! JUNE 25, 2022

We will be partnering with the Shelby County Historical Society for a Car Show at Tawawa Park, more details to follow. Watch our Facebook page and look for information posted at the Center.

**** Volunteers will be needed for this event. ****

Countryside Commons Senior Apartments

Come join our friendly community where seniors 55 and older are enjoying their spacious two-bedroom homes with attached garages, community building with activities and step-free community.

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MONTHLY REMINDERS FOR: May & June

BOARD MEETINGS:

The Senior Center Board of Directors meetings are:

Friday May 6th and Friday June 10th at 9am.

All are welcome at the Monthly Board meetings. Please join us and hear all of the Senior Center news and discussions.

NEWSLETTER:

We will be assembling the newsletter on Tuesday June 20th at 9:00am

HEALTH LUNCHEON:

Wilson Health Wound Center will be our sponsor and speaker on Tuesday May 24th at 11:30 am. Please be sure to sign up for the program at the sign in table.

LUNCH & LEARN:

History! That's the word for the day when the Shelby County Historical Society comes "in character" as a historic figure from Shelby County. The Lunch & Learn will be held on Tuesday, June 28th at 11:30am. Don't miss this fun and informative event! Please be sure to sign up for this program at the sign in table.

CARRY IN SPEAKERS:

The May carry in will not have a speaker due to the balloting count for the Board of Trustees election. Tuesday June 14th we will have Ellen Keyes, Executive Director of the Gateway Arts Council here to share information about their organization, their events and upcoming season calendar.



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- Air Conditioning
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- Community Room
- Patio Facilities
- Various Programs and Activities

WEEKLY SCHEDULE

SENIOR CENTER SINGERS: Monday & Friday 10am

BINGO: Monday and Thursday at 1:00 p.m.

MAH JONG: Monday at 1:00 p.m.

SHUFFLEBOARD: Monday and Thursday 1:00 p.m.

PICKLEBALL: Tuesday at 4:45 p.m. Wednesday and Friday at 1:00 p.m.

CHAIR EXERCISE: Tuesday and Thursday at 9:00 a.m.

MOVE N GROOVE: Tuesday and Thursday at 10:00 a.m. Mondays at 5:30 p.m.

LINE DANCING: Tuesday and Thursday at 11:00 a.m.

ADVANCED LINE DANCING: Monday and Friday at 11:00 a.m.

CHAIR VOLLEYBALL: Wednesday at 10:00 a.m. and Saturday 10:00 till 11:30 a.m.

CHAIR YOGA: Monday & Friday 9am

EUCHRE: Tuesday and Friday at 1:00 p.m. Thursday evening at 7:00 p.m.

BID EUCHRE: Tuesday at 7:00 p.m.

TEXAS HOLD EM': Monday & Thursday at noon, Wednesday at 1pm

PINOCHLE: Tuesdays & Thursdays noon – 3:00 p.m. & Wednesday 11:00 – 3 p.m.

BRIDGE: Friday at 12:45 p.m.

KNITTING/CROCHETING GROUP: Wednesday at 10 a.m. & Thursday 3 p.m.

BILLIARDS: Daily at 8:00 a.m. Tournaments are held on the last Friday of the month at 10:00 a.m.

FUNDRAISING OPPORTUNITIES

There are many different ways that the Center raises money that you might not know about. If you would like to help out or get involved with any of these, let the staff know and we will be happy to answer any questions.

1.) Kroger Plus Card points: If you go online and designate our Senior Center as the charitable organization connected with your Kroger card, we receive a quarterly benefit based on the number of points your card collects. Currently there are 65 households registered and last quarter we received \$149.92!! If you need help signing up, please see Rachel and she will walk you thru the process.

This does not take away any of your own Kroger Plus points or benefits.

2.) Aluminum Cans: Drop off your cans in the back hallway or at the front desk. It doesn't matter if they are crushed or not, we take them all. ** We would like to give Steve Schroeder a HUGE thank you for crushing cans for us!!!

3.) Monthly Basket Raffle: We are trying something new this year, a monthly basket raffle! Each month a gift basket containing various items unique to the time of year will be up front by the desk. For a \$2.00 donation, you can pick your favorite number. Once all the numbers are bought, we will draw the lucky winner!!!

Thank you for your support, these might not seem like a lot but you know the saying: "Every little bit helps!"



* **SAVE** today

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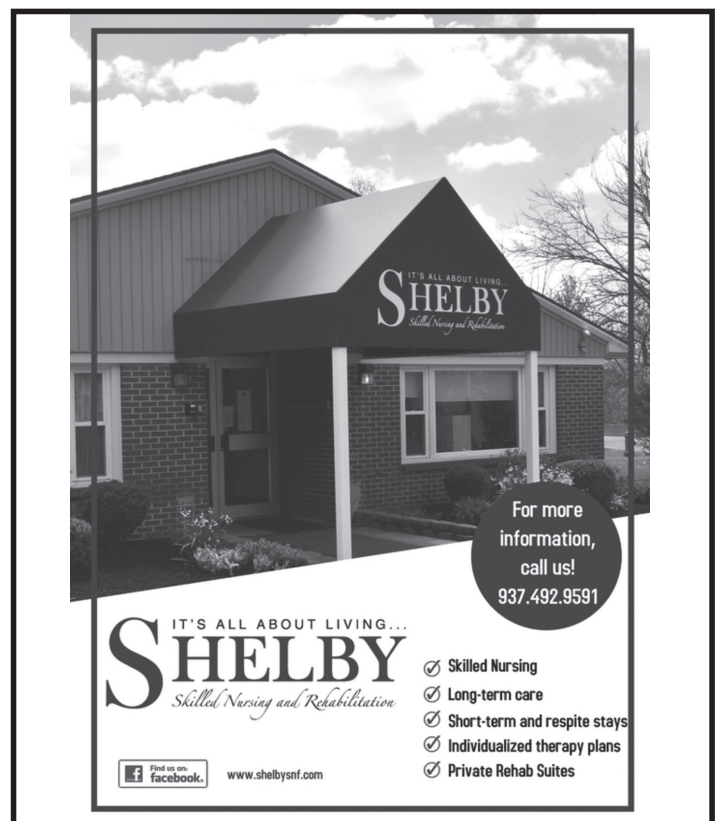
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COMMUNITY UPDATES



Volunteer Drivers Needed!

There are adults in your area who don't have access to reliable transportation for getting to medical appointments, running errands for essential items, or even getting to work. **You can help!**

You can become a **RideConnect** volunteer if you have a good driving record, a reliable vehicle, a valid Ohio driver's license and proof of insurance. Once you complete our required screenings and training, you'll be ready to start providing rides based on your availability.

Become a superhero in your community!

Call 1-833-289-0227 ext. 1195

or email RideConnect@cssmv-sidney.org

RideConnect is funded by the Ohio Department of Transportation and provided through a partnership of Catholic Social Services of the Miami Valley, Area Agency on Aging 3, and RTC Services

*There are some great reasons for you to consider becoming a volunteer driver for **RideConnect**..*

FLEXIBILITY

We know some days and times are busier than others for you. We'll work around your availability and the areas/distance you're willing to drive.

REIMBURSEMENT

We're asking you to donate your time, not your money, so we provide mileage reimbursement for use of your personal vehicle.

PURPOSE

Every RideConnect trip you provide makes a real difference for the person you're helping. You can be someone's superhero!

 **Catholic Social Services**
RIDECONNECT

This program is a **FREE** service and helps many seniors and others who need transportation to and from appointments, etc. If you are interested in being a volunteer and helping those in need, this is a great way to achieve that goal!





Thank you to Steve Lauber for the donation of this beautiful bookcase for our puzzles!



Seniors from Sidney High School stopped by to play a rousing round of Chair Volleyball. Fun was had by all!



We're
Searching for
Volunteers

We are needing someone to volunteer for the chair position on the Senior Day at the Fair's Food Line. This has been held for many years by Kathy Bray and she is stepping down this year.

If you are interested, please see Rachel for more information.

May 2022

Apr 2022

Jun 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p>	<p>2 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 5:30 MOVE N GROOVE</p>	<p>3 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHE 1:00 EUCHRE 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE</p>	<p>4 8:00 BILLIARDS 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL</p>	<p>5 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM 12:00 PINOCHE 1:00 SHUFFLEBOARD & BINGO 3:00 Crocheting & Knitting 7:00 EUCHRE</p>	<p>6 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00CHOIR 11:00 ADVANCED Line Dancing 12:45 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL</p>	<p>7 8:00 BILLIARDS 10:00 – 11:30 CHAIR V-BALL</p>
<p>8</p>	<p>9 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 5:30 MOVE N GROOVE</p>	<p>10 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 11:30 CARRY IN 12:00 PINOCHE 1:00 EUCHRE 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE</p>	<p>11 8:00 BILLIARDS 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL</p>	<p>12 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM 12:00 PINOCHE 1:00 SHUFFLEBOARD & BINGO 3:00 Crocheting & Knitting 7:00 EUCHRE</p>	<p>13 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00CHOIR 11:00 ADVANCED Line Dancing 12:45 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL *Euchre Tournament</p>	<p>14 8:00 BILLIARDS 10:00 – 11:30 CHAIR V-BALL</p>
<p>15</p>	<p>16 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 5:30 MOVE N GROOVE</p>	<p>17 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHE 1:00 EUCHRE 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE</p>	<p>18 8:00 BILLIARDS 10:00 CROCHETING & KNITTING Senior Day Event 11:00 PINOCHE 1:00 TEXAS HOLD EM</p>	<p>19 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM 12:00 PINOCHE 1:00 SHUFFLEBOARD & BINGO 3:00 Crocheting & Knitting 7:00 EUCHRE</p>	<p>20 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00CHOIR 11:00 ADVANCED Line Dancing 12:45 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL 7:00 Friday Fun Night</p>	<p>21 8:00 BILLIARDS 10:00 – 11:30 CHAIR V-BALL</p>
<p>22</p>	<p>23 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, BINGO & MAH JONG TILES 5:30 MOVE N GROOVE</p>	<p>24 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 11:30 Health Luncheon 12:00 PINOCHE 1:00 EUCHRE 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE</p>	<p>25 8:00 BILLIARDS 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL</p>	<p>26 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM 12:00 PINOCHE 1:00 SHUFFLEBOARD, & BINGO 3:00 Crocheting & Knitting 7:00 EUCHRE</p>	<p>27 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00CHOIR 11:00 ADVANCED Line Dancing 12:45 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL</p>	<p>28 8:00 BILLIARDS 10:00 – 11:30 CHAIR V-BALL</p>
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5	6 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, QUILTING, BINGO & MAH JONG TILES 5:30 MOVE N GROOVE	7 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	8 8:00 BILLIARDS 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL	9 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, QUILTING & BINGO 3:00 Crocheting & Knitting 7:00 EUCHRE	10 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00CHOIR 11:00 ADVANCED Line Dancing 12:45 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL 7:00 Dance	11 8:00 BILLIARDS 10:00 – 11:30 CHAIR V-BALL
12	13 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, QUILTING, BINGO & MAH JONG TILES 5:30 MOVE N GROOVE	14 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	15 8:00 BILLIARDS 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL	16 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, QUILTING & BINGO 3:00 Crocheting & Knitting 7:00 EUCHRE	17 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00CHOIR 11:00 ADVANCED Line Dancing 12:45 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL	18 8:00 BILLIARDS 10:00 – 11:30 CHAIR V-BALL
19	20 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, QUILTING, BINGO & MAH JONG TILES 5:30 MOVE N GROOVE	21 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	22 8:00 BILLIARDS 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL	23 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, QUILTING & BINGO 3:00 Crocheting & Knitting 7:00 EUCHRE	24 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00CHOIR 11:00 ADVANCED Line Dancing 12:45 BRIDGE 1:00 EUCHRE 1:00 PICKLEBALL	25 8:00 BILLIARDS 10:00 – 11:30 CHAIR V-BALL
26	27 8:00 BILLIARDS 9:00 CHAIR YOGA 10:00 CHOIR 11:00 ADVANCED Line Dancing 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, QUILTING, BINGO & MAH JONG TILES 5:30 MOVE N GROOVE	28 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 PINOCHLE 1:00 EUCHRE 4:45 – 6:45 PICKLEBALL 7:00 BID EUCHRE	29 8:00 BILLIARDS 10:00 CROCHETING & KNITTING 10:00 CHAIR V-BALL 11:00 PINOCHLE 1:00 TEXAS HOLD EM 1:00 PICKLEBALL	30 8:00 BILLIARDS 9:00 CHAIR EXERCISE 10:00 MOVE N GROOVE 11:00 LINE DANCING 12:00 TEXAS HOLD EM 1:00 SHUFFLEBOARD, QUILTING & BINGO 3:00 Crocheting & Knitting 7:00 EUCHRE	Aqua Aerobics: 6/20 – 7/15 MW/F 11am – noon. Sign ups begin on June 1st. Only 25 spots.	

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